

Introduction to Children & Young People's (CYP's) Mental Health

Two-day foundation course exploring therapeutic skills and psychological theories to support CYP's mental health



Aims of the course:

- Provide an overview of mental health theories
- · Equip candidates with therapeutic skills to practise
- Provide a space for candidates to put psychological theories into practice
- Working with our multi-disciplinary team to assess signs of complex mental health presentations and examine interventions

1017) (Dates for 2025	Face-to-face training Mar 12 th & 13 th July 24 th & 25 th Oct 2 nd & 3 rd	Cost: Band 1-4: £160 Band 5-7 Junior Drs: £330 Band 8+ & Medical Consultant: £450 FREE FOR GOSH STAFF
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		LDMH.Education@gosh.nhs.uk 🛛 🗸 🤇	

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